

Quantum criticality of bosonic systems with the Lifshitz dispersion

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We study a novel type of quantum criticality of the Lifshitz φ^4 theory below the upper critical dimension $d_u = z + d_c = 8$, where the dynamic critical exponent $z = 4$ and the spatial upper critical dimension $d_c = 4$. Two fixed points, one Gaussian and the other non-Gaussian, are identified with zero and finite interaction strengths, respectively. At zero temperature the particle density exhibits different power-law dependences on the chemical potential in the weak- and strong-interaction regions. At finite temperatures, critical behaviors in the quantum disordered region are mainly controlled by the chemical potential. In contrast, in the quantum critical region critical scalings are determined by temperature. The scaling ansatz remains valid in the strong-interaction limit for the chemical potential, correlation length, and particle density, while it breaks down in the weak-interaction one. Approaching the upper critical dimension, physical quantities develop logarithmic dependence on dimensionality in the strong-interaction region. These results are applied to spin-orbit coupled bosonic systems, leading to predictions testable by future experiments.

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I. INTRODUCTION

Quantum phase transitions, uniquely driven by quantum fluctuations, appear when the ground-state energy encounters nonanalyticity via tuning a nonthermal parameter. Physical properties around quantum critical points (QCPs) are of extensive interest because the interplay between quantum and thermal critical fluctuations strongly influences the dynamical and thermodynamic quantities, giving rise to rich quantum critical properties beyond the classical picture [1,2]. Quantum critical fluctuations are believed to be responsible for various emergent phenomena, including the non-Fermi-liquid behaviors in heavy fermion systems, unconventional superconductivity, and novel spin dynamics in one-dimensional (1D) quantum magnets [3–6].

The progress of ultracold atom physics with synthetic spin-orbit (SO) coupling has attracted a great deal of interest [7–21]. In solid-state systems, the SO coupled exciton condensations have also been investigated in semiconductor quantum wells [9,22–24]. For bosons under isotropic Rashba SO coupling, the single-particle dispersion displays a ring of minima in momentum space. Depending on interaction symmetries, either a striped Bose-Einstein condensation (BEC) or a ferromagnetic condensate with a single plane wave develops [9,11–13,25,26]. The case of the spin-independent interaction is particularly challenging: The striped states are selected through the “order-from-disorder” mechanism from the zero-point energy beyond the Gross-Pitaevskii framework [9]. Inside harmonic traps, the skyrmion-type spin textures appear accompanied by half-quantum vortices [9,26], and the experimental signatures of spin textures have already been observed [23,24].

Compared to the conventional superfluid BEC phases [27–32], the progress of SO coupled bosons paves the way to study novel quantum criticality. Consider an interacting Bose gas under Rashba SO and Zeeman couplings: When the Zeeman field is tuned to a “critical” value, the dispersion minimum comes back to the origin exhibiting a novel q^4 dispersion [33], which is referred to as the Lifshitz point in literature [34]. Quantum wave functions at the Lifshitz-point exhibit conformal invariance [34–36], which have been applied

to describe the Rokhsar-Kivelson point [37] of the quantum dimer model and quantum eight-vertex model. For the SO coupled bosons, by employing an effective nonlinear σ -model method, it is argued that at the Lifshitz point a quasi-long-range ordered ground state instead of a true BEC develops due to the divergent phase fluctuations [33].

The SO coupled bosons are not the only system to realize the Lifshitz dispersion. It has an intrinsic connection to a seemingly unrelated field of quantum frustrated magnets. Suppose a spin- $\frac{1}{2}$ antiferromagnetic Heisenberg model defined in the square lattice with the nearest-neighbor coupling J_1 and the next-nearest-neighbor coupling J_2 . It can be mapped to a hard-core boson model, and the Lifshitz dispersion appears at $J_2 = J_1/2$. These bosonic systems are fundamentally different from the regular ones with the quadratic dispersion: They are beyond the paradigm of the “no-node” theorem, Perron-Frobenius theorem [38,39], or Marshall-sign rule in the context of quantum antiferromagnetism [40].

In this paper, we investigate the quantum complex φ^4 theory with the Lifshitz dispersion, focusing on its novel quantum criticality. Different from the usual case with the quadratic dispersion, the dynamic critical exponent $z = 4$ and the upper critical dimension $d_u = 8$, and thus the spatial upper critical dimension $d_c = 4$. Below the upper critical dimension, there exist two fixed points (FPs)—an unstable Gaussian FP and a non-Gaussian one with a finite interaction strength. Quantum critical behaviors at both zero and finite temperatures around these two FPs are investigated. At zero temperature the particle density shows power-law dependence on the chemical potential with different exponents in the weak- and strong-interaction regions. At finite temperatures, according to whether the chemical potential or temperature controls the critical scalings, the disordered phase falls into the quantum disordered or quantum critical region (QCR), respectively. In the quantum disordered region the power-law dependence of the chemical potential dominates the critical behaviors, and thermal fluctuations generate exponentially small corrections, while in the quantum critical region physical quantities, including the chemical potential, correlation length, and particle

density, exhibit power-law dependence on temperature. The scaling ansatz [2] breaks down in the weak-interaction limit but is sustained in the strong-interaction one. Logarithmic critical behaviors appear in both regions when the system is near the upper critical dimension. The connection of these results to the two-dimensional (2D) SO coupled bosonic systems is discussed.

II. QUANTUM LIFSHITZ φ^4 MODEL

We construct the d -dimensional Euclidean quantum Lifshitz φ^4 action as

$$S_0 = T \sum_{\omega_n} \int_0^\Lambda d^d q \varphi^* (-i\omega_n - \mu + q^4) \varphi, \quad (1)$$

$$S_I = \frac{u}{2} \int_0^\beta d\tau \int_{1/\Lambda}^\infty d^d x |\varphi(x, \tau)|^4,$$

where d is the spatial dimension; Λ is the ultraviolet (UV) momentum cutoff; μ and u denote the chemical potential and interaction strength, respectively; τ is the imaginary time and $\beta = 1/T$; $\omega_n = 2n\pi T$ is the Matsubara frequency; $\varphi(x, \tau)$ is a complex bosonic field. Due to the q^4 dispersion, the effective dimension $d_{\text{eff}} = d + z$ with $z = 4$. The classical dimensions of T and μ are Λ^4 , and that of u is Λ^ε where $\varepsilon = 8 - d_{\text{eff}} = 4 - d$. Hence the upper critical dimension $d_u = 8$, and the corresponding spatial one $d_c = 4$. In the following, we rescale T, μ , and u by their classical dimensions to be dimensionless. For quantities of the correlation length, particle density, and ground-state energy that will be studied below, they are also rescaled by Λ^{-1}, Λ^d , and Λ^4 to be dimensionless, respectively.

The zero-temperature renormalization-group (RG) equations are derived following the momentum-shell Wilsonian method as presented in Appendix A. Two FPs are identified as a Gaussian FP $(\mu_1^*, u_1^*) = (0, 0)$ and a non-Gaussian one $(\mu_2^*, u_2^*) = (0, 2\varepsilon/K_d)$ appearing at $d < d_c$. The RG equations are integrated as

$$\mu_l = e^{4l} \mu, \quad u_l = e^{\varepsilon l} u / C_d(\mu, u, l), \quad (2)$$

$$C_d(\mu, u, l) = 1 - \frac{u}{8} K_d [\Phi(\mu, 1, \varepsilon/4) - e^{\varepsilon l} \Phi(\mu_l, 1, \varepsilon/4)],$$

with l being the RG scale parameter. Here, $\mu_{l=0} = \mu$, $u_{l=0} = u$, and $K_d = 2^{-d+1} \pi^{-d/2} / \Gamma(\frac{d}{2})$, with $\Gamma(z)$ being the gamma function and $\Phi(\mu, s, \frac{\varepsilon}{4}) \equiv \sum_{k=0}^{\infty} \mu^k (k + \frac{\varepsilon}{4})^{-s}$ being the Hurwitz-Lerch transcendent. $\Phi(\mu, s, \frac{\varepsilon}{4})$ has a branch cut running from $(+1, +\infty)$ in the complex μ plane. Since $|\mu_l| < 1$ is maintained throughout the RG process, u_l remains analytic as a function of μ . Furthermore, in the complex ε plane, Φ has a branch cut from $(-\infty, 0)$, therefore ε can be analytically extended to a finite positive value.

The Gaussian FP is unstable at $\varepsilon > 0$. Close to this FP, the correlation length diverges as $\xi(T=0, \mu) \approx |\mu|^{-\nu}$ with the critical exponent $\nu = 1/4$ rather than $1/2$ as a consequence of the Lifshitz dispersion. At the non-Gaussian FP, $\nu = 1/4$ remains at the one-loop level since the interaction does not renormalize the chemical potential at zero temperature, which is different from the Wilson-Fisher FP of the classic phase transition.

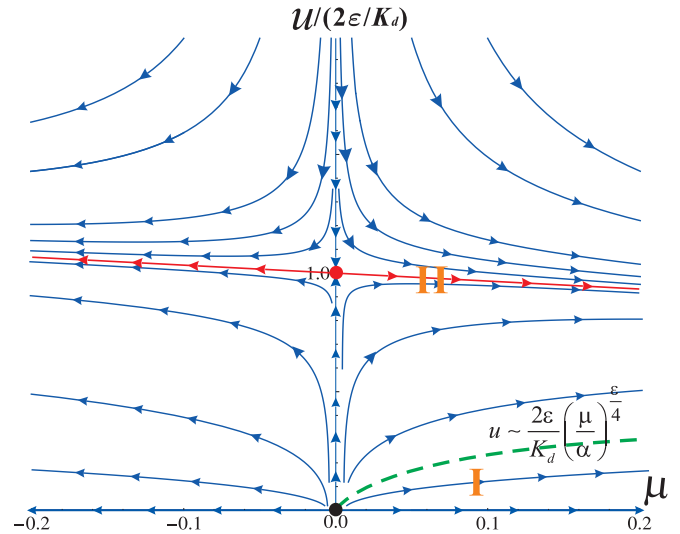


FIG. 1. Diagram of the zero-temperature RG flows. The red and black dots mark the two FPs. Quantum phase transitions occur when μ changes sign: The disordered and ordered phases lie at $\mu < 0$ and $\mu > 0$, respectively. For $\mu > 0$, symbols I and II denote the weak- and strong-interaction regions, respectively. The dashed line at $\mu > 0$ marks the crossover between these two regions.

We consider the critical behaviors at zero temperature. The RG flows based on Eq. (2) are presented in Fig. 1. The run-away flows indicate two stable phases: one disordered at $\mu < 0$ and the other ordered at $\mu > 0$. The disordered phase shows vanishing particle density at the one-loop level, nevertheless small but finite particle density could develop beyond one loop at $u > 0$. The two FPs obtained above lie on the phase boundary of $\mu = 0$. To study the critical physics at $\mu > 0$, a stop scale l_0^* is introduced at which $\mu_{l_0^*} = \alpha \ll 1$. α is a nonuniversal parameter to control the RG flow remaining in the crossover from the critical to noncritical regions [32]. According to different behaviors of the interaction strength $u_{l_0^*}$, we define the weak- and strong-interaction regions via $u_{l_0^*} \approx u(\frac{\alpha}{\mu})^{\frac{\varepsilon}{4}}$ and u_2^* , respectively. Correspondingly, the crossover between these two regions is approximately marked by the line of $u \approx \frac{2\varepsilon}{K_d} (\frac{\mu}{\alpha})^{\frac{\varepsilon}{4}}$. The critical behaviors of the particle density n and the ground-state energy density e_g as well as $u_{l_0^*}$ in these two regions are summarized in Table I (details in Appendix A).

The finite-temperature RG equations are presented in Appendix B. We focus on two parts of the disordered region close to the QCPs: the quantum disordered region with negative and large chemical potential, i.e., $\mu < 0$ and $|\mu| \gg T$, and the quantum critical region with small chemical potential $|\mu| \ll T$. Since the RG process ceases to work at

TABLE I. Critical properties in the weak- and strong-interaction regions. μ is close to the phase boundary marked by $\mu = 0$. $e_g = \frac{1}{n} \int \mu dn$ gives the ground-state energy density.

	u	$u_{l_0^*}$	n	e_g
I	$u \ll \frac{2\varepsilon}{K_d} (\frac{\mu}{\alpha})^{\varepsilon/4}$	$u (\frac{\alpha}{\mu})^{\varepsilon/4}$	μ/u	$\mu/2$
II	$u \gg \frac{2\varepsilon}{K_d} (\frac{\mu}{\alpha})^{\varepsilon/4}$	$2\varepsilon/K_d$	$\frac{K_d \alpha^{\varepsilon/4}}{2\varepsilon} \mu^{d/4}$	$\frac{\mu d}{4+d}$

$\mu_{l^*} = -1$, a stop scale l^* is accordingly defined at which the coarse-graining length scale reaches the correlation length $\xi(T, \mu)$.

In the quantum disordered region, the running temperature remains low at the stop scale l^* , i.e., $T_{l^*} \ll 1$. Similar to the zero-temperature case, two different limits of the running interaction strength are introduced, corresponding to the weak- and strong-interaction regions set by $u_{l^*} \approx u\mu^{-\frac{\epsilon}{4}}$ and u_2^* , respectively. As shown in Appendix C, the correlation length is calculated as

$$\xi(T, \mu) \approx |\mu|^{-1/4} \left[1 - c(T, u) \frac{T}{|\mu|} e^{-2\frac{|\mu|}{T}} \right], \quad (3)$$

where $c(T, u) = \frac{1}{8} u K_d T^{-\frac{\epsilon}{4}}$ and $\epsilon/4$ for the weak- and strong-interaction region, respectively. The finite-temperature corrections are exponentially small.

Next consider the QCR where $T \gg |\mu|$. Then at the stop scale l^* with $\mu_{l^*} = -1$, $T_{l^*} \gg 1$, indicating that the system flows into the high-temperature region. For simplicity, we set $\mu = 0$ (QCP) since in this region the correction to thermodynamic quantities from a finite μ is subleading. The correlation length and particle density are denoted as ξ_T and n_T , respectively. Similarly, based on the interaction strength u_{l^*} the critical behaviors at finite temperatures also fall into weak- and strong-interaction regions characterized by $u_{l^*} \approx u[\epsilon/(2K_d u T)]^{\frac{\epsilon/4}{1+\epsilon/4}}$ and u_2^* , respectively. The crossover line qualitatively follows $u \sim \epsilon T^{\epsilon/4}$.

III. WEAK-INTERACTION REGION IN THE QCR

In this region, under the condition $\ln[1/(uT)] \gtrsim 1/\epsilon$, ξ_T and n_T are derived in Appendices D and E as

$$\xi_T \approx \left[\frac{\epsilon}{2K_d u T} \right]^{\frac{1}{4+\epsilon}}, \quad n_T \approx a_d \left[\frac{\epsilon}{2K_d u} \right]^{\frac{\epsilon/4}{1+\epsilon/4}} T^{-\frac{1}{1+\epsilon/4}}, \quad (4)$$

where $a_d = \frac{1}{8} K_d [\psi((4+d)/8) - \psi(d/8)]$ with $\psi(z) = d \ln \Gamma(z)/dz$ being the digamma function. In this case, even though the interaction is relevant, u_{l^*} remains small, leaving a weak-interaction window to justify the RG calculation. The weak-interaction results in Eq. (4) can also be obtained following the one-loop self-consistent method, the details of which are presented in Appendix D.

The scaling ansatz is believed to be valid for the system below the upper critical dimension [2]. In our case, it dictates that the critical behavior of the correlation length in the QCR can be cast into the form $\xi_T \propto T^{-1/4} g(|\mu|/T)$, where $g(x)$ is a universal scaling function [2,32]. Then in the QCR, by setting $\mu = 0$, the scaling ansatz predicts $\xi_T \sim T^{-1/4}$. Nevertheless, Eq. (4) yields a novel thermal exponent for the temperature dependence of ξ_T as $\nu_T = 1/(4 + \epsilon)$ beyond the scaling ansatz. In contrast, typically scaling-ansatz-breakdown behaviors are observed in systems equal to or above the upper critical dimension [41,42].

When approaching the upper critical dimension d_c , such that $\frac{\Gamma(d/4, 1)}{T^{\epsilon/4}} \ll \ln\left(\frac{2}{K_d u T}\right) \ll \frac{4}{\epsilon}$, the critical scalings are

obtained in Appendix D as

$$\xi_T \approx \left(\frac{K_d u T}{2} \ln \frac{2}{K_d u T} \right)^{-\frac{1}{4}}, \quad (5)$$

$$n_T \approx a_d T \left(\frac{K_d u T}{2} \ln \frac{2}{K_d u T} \right)^{-\frac{\epsilon}{4}}, \quad (6)$$

which exhibit the expected nonuniversal logarithmic behaviors.

Based on Eqs. (4)–(6), the limits of $u \rightarrow 0$ and $\epsilon \rightarrow 0$ of ξ_T and n_T do not commute, reflecting the singular nature of the QCP. At finite temperatures ξ_T and n_T diverge as $u \rightarrow 0$ at $\mu = 0$ (QCP), which signals the strong instability around the unstable Gaussian FP. Thermal fluctuations are enhanced by the Lifshitz dispersion near the QCP due to the divergence of single-particle density of states. Both divergences are cut off when the system has a finite μ and/or a finite interaction strength.

IV. STRONG-INTERACTION LIMIT IN THE QCR

In this limit, $u \gg 2\epsilon/K_d$, and ξ_T and n_T exhibit power-law scalings as (Appendix E)

$$\xi_T \approx G_d^{-1/4} T^{-1/4}, \quad n_T \approx a_d G_d^{-1} T^{d/4}, \quad (7)$$

where $G_d = \epsilon \{A + \ln[(1 + A\epsilon)/(A\epsilon)]\}$ and $A \approx 0.46$. It indicates universal scaling behaviors near the non-Gaussian FP, obeying the scaling ansatz [2]. Interestingly, at $\epsilon \ll 1$, Eq. (7) shows a nonanalytic logarithmic dependence on ϵ as

$$\xi_T \approx T^{-\frac{1}{4}} [\epsilon \ln(1/\epsilon)]^{-\frac{1}{4}}, \quad n_T \approx a_d T^{\frac{d}{4}} [\epsilon \ln(1/\epsilon)]^{-\frac{\epsilon}{4}}. \quad (8)$$

The above discussion for finite ϵ in the QCR is summarized in Fig. 2. The effective interaction strength is actually temperature dependent. Increasing temperature enhances thermal fluctuations, which subdues quantum fluctuations generated from the interaction. In contrast, when decreasing temperatures, the system gradually enters a strong-interaction region as long as $u > 0$.

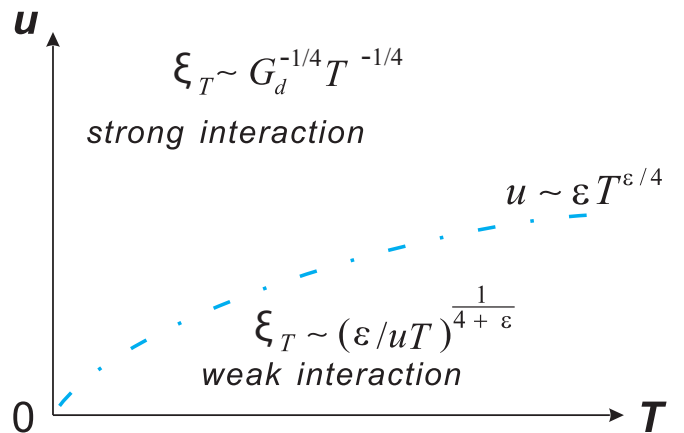


FIG. 2. The quantum critical behaviors in the QCR at $\mu = 0$ with a finite ϵ . The blue dot-dashed line shows the crossover between the weak- and strong-interaction regions.

TABLE II. The zero-temperature critical properties of the 2D SO coupled bosons with the Lifshitz dispersion. μ is close to the phase boundary.

	u	u_{I^*}	n	e_g
I	$u \ll 8\pi\sqrt{\frac{\mu}{\alpha}}$	$u\sqrt{\frac{\alpha}{\mu}}$	μ/u	$\mu/2$
II	$u \gg 8\pi\sqrt{\frac{\mu}{\alpha}}$	8π	$\frac{1}{8\pi}\sqrt{\alpha\mu}$	$\mu/3$

V. LIFSHITZ BOSE GAS FROM SO COUPLING

We apply the above general analysis to the 2D boson system with the Lifshitz dispersion—the SO coupled bosons under the Zeeman field. As shown in Appendix F, tuning the Zeeman field and SO coupling strength λ can convert the single-particle dispersion into the form $\varepsilon_q = -\mu + \frac{q^4}{4\lambda^2}$. λ can be used to rescale all quantities in the system by $\varphi(\omega_n, \vec{q})/(4\lambda^2) \rightarrow \varphi(\omega_n, \vec{q})$, $4\lambda^2\mu \rightarrow \mu$, $4\lambda^2T \rightarrow T$, $4\lambda^2u \rightarrow u$, $\vec{q} \rightarrow \vec{q}$. Accordingly the low-energy physics is effectively described by the quantum Lifshitz action Eq. (1) at $d = 2$.

At zero temperature, we focus on the region at $\mu > 0$. According to the previous analysis, when μ is close to the phase boundary, the crossover between the weak- and strong-interaction regions is characterized by $u \approx 8\pi(\frac{\mu}{\alpha})^{1/2}$. The critical behaviors are summarized in Table II. In the weak-interaction region, $\mu = un$ following the mean-field result, and in the strong-interaction regime $n \propto \sqrt{\mu}$. In comparison, for the 2D bosons with the q^2 dispersion [32], $n \approx \frac{\mu}{8\pi} \ln \frac{\alpha}{\mu}$ at $\mu \ll \Lambda^2$. The relation of $n \propto \sqrt{\mu}$ is similar to that of 1D bosons with the q^2 dispersion in the low-density regime [32,43,44]. Such systems are well known to be renormalized into the strong-interaction region, nearly fermionized. This relation is also similar to a free 2D Fermi gas with the same q^4 dispersion, the single-particle density of states of which also exhibits the 1D-like feature as $\rho(\varepsilon) \propto \varepsilon^{-1/2}$. Thus the dominant critical physics carries certain features of fermions. Similar fermionization behaviors in the strongly interacting boson systems have also been studied in the SO coupled BEC systems the energy minima of which lie in a ring in momentum space [45], and also in the region of resonance scattering [46,47].

Similar analysis can also be applied to the ground-state energy density e_g . When u is sufficiently small, $e_g \approx \mu/2 \approx nu/2$ coincides with the leading-order result of the usual weak-interacting dilute Bose gas with the q^2 dispersion [31]. However, in the strong-interaction region, $e_g \approx \mu/3 \approx (8\pi n)^2/(3\alpha)$, which is very different from $4\pi n/[\ln 1/(4\pi n)]$ for the case of the q^2 dispersion.

At finite temperatures, we focus on $\mu = 0$ in the QCR of the 2D boson system. The crossover between the weak- and strong-interaction regions now becomes $u \approx 2T^{1/2}$. In the weak-interaction region,

$$\xi_T \sim (uT)^{-\frac{1}{6}}, \quad n_T \sim u^{-\frac{1}{3}}T^{\frac{2}{3}}, \quad (9)$$

showing the divergences of ξ_T and n_T as $u \rightarrow 0$. In cold atom experiments, interactions are typically weak in the absence of Feshbach resonances, therefore the thermal exponent

$v_T = 1/6$ could be measurable. Furthermore, these scaling relations deviate from the double logarithmic behaviors of 2D boson gases with the q^2 dispersion [32]. In contrast, in the strong-interaction region,

$$\xi_T \sim T^{-\frac{1}{4}}, \quad n_T \sim T^{\frac{1}{2}}. \quad (10)$$

ξ_T is nearly determined by thermal fluctuations independent of the interaction strength. It can be understood as a decoherent effect from the strong interparticle scattering.

VI. DISCUSSION AND CONCLUSIONS

We have studied the quantum critical properties of a complex φ^4 model with the Lifshitz dispersion, which gives rise to a novel type of quantum critical phase transitions with the dynamic critical exponent $z = 4$. At zero temperature, the particle density depends on the chemical potential as $n \propto \mu$ and $\mu^{\frac{d}{4}}$ in the weak- and strong-interaction regions controlled by the Gaussian and non-Gaussian FPs, respectively. At finite temperatures, the correlation length in the quantum disordered region scales as $|\mu|^{-\frac{1}{4}}$ in both weak- and strong-interaction limits, while the finite-temperature corrections are exponentially small. In the quantum critical region, the temperature dependence of the correlation length scales as $\xi_T \propto T^{-\frac{1}{4+\varepsilon}}$ and $T^{-\frac{1}{4}}$ in the weak- and strong-interaction regions, respectively. The critical behavior in the weak-interaction region is beyond the scaling ansatz while it is maintained in the strong-interaction region. In both interaction limits, logarithmic behaviors appear when the system is close to the upper critical dimension. The above studies based on the field-theoretical method are general, and are applied to the 2D interacting SO coupled bosonic system with the Lifshitz dispersion. Their critical behaviors are testable by future experiments.

An interesting point is whether bosons with the Lifshitz dispersion can support superfluidity. Under the mean-field theory, the Bogoliubov phonon spectrum, $\varepsilon_q = \sqrt{q^4(q^4 + nu/2)}$, scales as q^2 in the long-wavelength limit. It implies the vanishing of the critical velocity, and thus the absence of the superfluidity. In two dimensions, even in the ground state, the quantum depletion of the condensate diverges signaling the possible absence of BEC even at zero temperature [33]. Nevertheless, the pairing order parameter of bosons could be nonvanishing. The results obtained in [33] are based on the nonlinear σ model with a finite condensate fraction. Thus they cannot be simply extended to the region near the QCP where the condensate part is vanishingly small. Therefore, the obtained results in [33] are complementary to our general ε -expansion RG analysis near the QCP. Based on our analysis, it is possible that bosons at the Lifshitz point do not exhibit superfluidity even in the ground state with interactions, which will be deferred for a future study.

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APPENDIX A: ZERO-TEMPERATURE CRITICAL BEHAVIORS OF THE QUANTUM φ^4 MODEL WITH THE LIFSHITZ DISPERSION

We start with Eq. (1) in the main text. Following the main text, the same rescaled dimensionless physical variables are used. The one-loop RG equations at zero temperature for $d = 4 - \varepsilon$ are derived as

$$\frac{d\mu_l}{dl} = 4\mu_l, \quad \frac{du_l}{dl} = \varepsilon u_l - \frac{u_l^2}{2} \frac{K_d}{1 - \mu_l}, \quad (\text{A1})$$

where $\mu_{l=0} = \mu$ and $u_{l=0} = u$ are the initial chemical potential and interaction strength, respectively. In addition, $K_d = 2^{-d+1} \pi^{-d/2} / \Gamma(\frac{d}{2})$ with $\Gamma(z)$ being the gamma function. Equation (A1) exhibits a Gaussian and a non-Gaussian fixed point located at (0,0) and $(0, 2\varepsilon/K_d)$, respectively, as shown in the main text.

When $\mu = 0$, the stop scale is infinite, i.e., $l^* \rightarrow \infty$. For a finite $\varepsilon = 4 - d > 0$, the interaction u is relevant. Following Eq. (2) in the main text, $u_{l \rightarrow \infty} = 2\varepsilon/K_d \equiv \mu_2^*$, indicating flowing towards the non-Gaussian fixed point.

Now consider $\mu > 0$ but close to the FPs. At the stop scale l_0^* , $\mu_{l_0^*} = \mu e^{4l_0^*} = \alpha \ll 1$, which yields $e^{l_0^*} = (\alpha/\mu)^{1/4}$. By integrating Eq. (A1) for the interaction strength, we arrive at

$$u_{l_0^*} \approx \frac{u e^{\varepsilon l_0^*}}{1 + K_d u e^{\varepsilon l_0^*} / (2\varepsilon)} \approx \begin{cases} u \left(\frac{\alpha}{\mu}\right)^{\frac{\varepsilon}{4}}, & u \ll u_c \\ 2\varepsilon/K_d, & u \gg u_c \end{cases}, \quad (\text{A2})$$

where $u_c = \frac{2\varepsilon}{K_d} \left(\frac{\mu}{\alpha}\right)^{\frac{\varepsilon}{4}}$.

At zero temperature, the particle density is defined as

$$n = \langle \text{GS} | \varphi^*(x) \varphi(x) | \text{GS} \rangle, \quad (\text{A3})$$

where $\langle \text{GS} | \dots | \text{GS} \rangle$ denotes the ground-state expectation value. The RG equation for n simply follows as

$$\frac{dn_l}{dl} = dn_l, \quad (\text{A4})$$

with $n_{l=0} = n$ being the initial particle density, which yields $n_{l_0^*} = e^{dl^*} n$.

At the stop scale l_0^* , the RG solution flows to the ordered phase, in which the mean-field approximation [32,48] applies:

$$\mu_{l^*} = n_{l^*} u_{l^*}. \quad (\text{A5})$$

Based on Eq. (A2), $n_{l_0^*} = e^{dl^*} n$, and $\mu_{l^*} = e^{4l^*} \mu$, we obtain

$$\mu = \left(\frac{\alpha}{\mu}\right)^{(d-4)/4} \frac{nu(\alpha/\mu)^{\varepsilon/4}}{1 + (\alpha/\mu)^{\varepsilon/4} K_d u / (2\varepsilon)} \quad (\text{A6})$$

$$= \frac{nu}{1 + (\alpha/\mu)^{\varepsilon/4} K_d u / (2\varepsilon)}. \quad (\text{A7})$$

Consequently, the particle density n is solved as

$$n \approx \begin{cases} \mu/u, & u \ll u_c \\ \frac{K_d \alpha^{\varepsilon/4}}{2\varepsilon} \mu^{d/4}, & u \gg u_c \end{cases}. \quad (\text{A8})$$

The average ground-state energies in the weak- and strong-interaction regions are expressed as

$$e_g = E_G/N = (1/n) \int \mu dn \approx \begin{cases} \mu/2, & u \ll u_c \\ \frac{\mu d}{4+d}, & u \gg u_c \end{cases}. \quad (\text{A9})$$

APPENDIX B: RG EQUATIONS AT FINITE TEMPERATURES

At finite temperatures, the RG equations are derived as

$$\frac{dT_l}{dl} = 4T_l, \quad (\text{B1})$$

$$\frac{d\mu_l}{dl} = 4\mu_l - \frac{2K_d u_l}{e^{(1-\mu_l)/T_l} - 1}, \quad (\text{B2})$$

$$\frac{du_l}{dl} = \varepsilon u_l - K_d u_l^2 \left\{ \frac{\coth\left[\frac{1-\mu_l}{2T_l}\right]}{2(1-\mu_l)} + \frac{\text{csch}\left[\frac{1-\mu_l}{2T_l}\right]}{T_l} \right\}, \quad (\text{B3})$$

where $T_{l=0} = T$, $\mu_{l=0} = \mu$, and $u_{l=0} = u$ are the initial temperature, chemical potential, and interaction strength, respectively.

The RG Eqs. (B2) and (B3) can be formally solved as

$$T_l = e^{4l} T, \quad (\text{B4})$$

$$\begin{aligned} \mu_l &= e^{4l} \left\{ \mu - 2K_d \int_0^l \frac{e^{-4l'} u_{l'} dl'}{\exp[(1-\mu_{l'})/T_{l'}] - 1} \right\} \\ &\equiv e^{4l} \mu(u, T, l), \end{aligned} \quad (\text{B5})$$

$$\begin{aligned} u_l &= e^{\varepsilon l} \left\{ u - K_d \int_0^l e^{-\varepsilon l'} u_{l'}^2 \left[\frac{\coth[(1-\mu_{l'})/(2T_{l'})]}{2(1-\mu_{l'})} \right. \right. \\ &\quad \left. \left. + \frac{1}{T_{l'}} \text{csch}^2\left(\frac{1-\mu_{l'}}{2T_{l'}}\right) \right] \right\} \equiv e^{\varepsilon l} u(\mu, T, l), \end{aligned} \quad (\text{B6})$$

where

$$\mu(u, T, l) = \mu - 2K_d \int_0^l \frac{e^{-4l'} u_{l'} dl'}{\exp[(1-\mu_{l'})/T_{l'}] - 1}, \quad (\text{B7})$$

$$\begin{aligned} u(\mu, T, l) &= u - K_d \int_0^l e^{-\varepsilon l'} u_{l'}^2 \left[\frac{\coth[(1-\mu_{l'})/(2T_{l'})]}{2(1-\mu_{l'})} \right. \\ &\quad \left. + \frac{1}{T_{l'}} \text{csch}^2\left(\frac{1-\mu_{l'}}{2T_{l'}}\right) \right] \end{aligned} \quad (\text{B8})$$

correspond to the renormalized chemical potential and interaction strength at the scale l , respectively. These equations are the starting point to analyze the critical behaviors in the quantum disordered and critical regions introduced in the main text.

APPENDIX C: CRITICAL BEHAVIORS IN THE QUANTUM DISORDERED REGION

In the quantum disordered region, $|\mu| \gg T$ and $\mu < 0$, then $T_{l^*} \ll 1$ at $\mu_{l^*} = -1$, which means the running temperature

remains small at the stop scale. Consequently, the running interaction strength is well approximated by its zero-temperature form:

$$u_l \approx \frac{ue^{\varepsilon l}}{1 + K_d u e^{\varepsilon l} / (2\varepsilon)}. \quad (\text{C1})$$

In the weak-interaction limit, namely, $u \ll \frac{2\varepsilon}{K_d} e^{-\varepsilon l^*}$, the chemical potential in Eq. (B7) is solved as

$$\mu(u, T, l) \approx \mu - \frac{uK_d}{2} e^{-|\mu|/T} T^{1-\varepsilon/4} T_l^{\varepsilon/4} e^{-T_l^{-1}}. \quad (\text{C2})$$

From $\mu_{l^*} = e^{4l^*} \mu(u, T, l) = -1$, the correlation length can be determined as

$$\begin{aligned} \xi_T = e^{l^*} &\approx \left\{ |\mu| + TW \left(\frac{uK_d}{2T^{\varepsilon/4} e^{2|\mu|/T}} \right) \right\}^{-\frac{1}{4}} \\ &\approx |\mu|^{-\frac{1}{4}} \left(1 - \frac{1}{4} \frac{uK_d T^{1-\varepsilon/4}}{2|\mu|} e^{-2|\mu|/T} \right), \end{aligned} \quad (\text{C3})$$

where $W(z)$ is the Lambert function—the solution of $z = We^W$. From Eq. (C3), the weak-interaction condition can be cast into

$$u = \frac{2\varepsilon}{K_d} e^{-\varepsilon l^*} = \frac{2\varepsilon}{K_d} \mu^{\varepsilon/4}, \quad (\text{C4})$$

i.e., $u_{l^*} = u \mu^{-\varepsilon/4} \ll 2\varepsilon/K_d = u_2^*$. Plugging Eq. (C3) into Eq. (C2), the renormalized chemical potential follows:

$$\mu(u, T, l^*) \approx -|\mu| - \frac{uK_d}{2} T^{1-\varepsilon/4} e^{-2|\mu|/T}. \quad (\text{C5})$$

In the strong-interaction limit, $u \gg 2\varepsilon/K_d = u_2^*$. The chemical potential in Eq. (B7) can be calculated as

$$\mu(u, T, l) \approx \mu - \varepsilon T e^{-|\mu|/T} e^{-T_l^{-1}}. \quad (\text{C6})$$

Again from $\mu_{l^*} = e^{4l^*} \mu(u, T, l) = -1$, we determine the correlation length as

$$\begin{aligned} \xi_T = e^{l^*} &\approx \{ |\mu| + TW(\varepsilon e^{-2|\mu|/T}) \}^{-\frac{1}{4}} \\ &\approx |\mu|^{-\frac{1}{4}} \left(1 - \frac{1}{4} \frac{\varepsilon T}{|\mu|} e^{-2|\mu|/T} \right). \end{aligned} \quad (\text{C7})$$

Then the renormalized chemical potential in the strong-interaction region follows:

$$\mu(u, T, l^*) \approx -|\mu| - \varepsilon T e^{-2|\mu|/T}. \quad (\text{C8})$$

Based on Eqs. (C3), (C5), (C7), and (C8) in the quantum disordered region, thermal fluctuations only give exponentially small corrections in both weak- and strong-interaction regions.

APPENDIX D: WEAK-INTERACTION LIMIT IN THE QCR

In the QCR with $|\mu| \ll T$, the running temperature flows into the high-temperature region $T_{l^*} \gg 1$ at the stop scale with $\mu_{l^*} = -1$. The renormalized chemical potential [Eq. (B7)] becomes

$$\begin{aligned} \mu(u, T, l) &\approx \mu - \frac{uK_d \Gamma(d/4, 1)}{2} T^{d/4} - 2uK_d T \frac{e^{\varepsilon l} - T^{-\varepsilon/4}}{\varepsilon} \\ &\quad + O(u^2) \end{aligned} \quad (\text{D1})$$

with $\Gamma(x, z) = \int_z^\infty t^{x-1} e^{-t} dt$ being the incomplete gamma function. Assuming ε is small enough such that $\varepsilon l \ll 1$, then the third term of Eq. (D1) becomes $2uK_d T [l - \ln \frac{1}{T^{1/\varepsilon}}]$. In this limit there are many different analytic regions for the correlation length and chemical potential. For simplicity, we focus on the region where

$$l \gg \ln \frac{1}{T^{1/4}}, \quad (\text{D2})$$

then the chemical potential in Eq. (D1) becomes

$$\mu(u, T, l) \approx \mu - \frac{uK_d \Gamma(d/4, 1)}{2} T^{d/4} - 2K_d u T l + O(u^2). \quad (\text{D3})$$

Furthermore, the third term of Eq. (D3) is asked to dominate over the second one, which gives rise to

$$\frac{4uK_d T l}{uK_d \Gamma(d/4, 1) T^{d/4}} = \frac{4T^{\varepsilon/4} l}{\Gamma(d/4, 1)} \gg 1. \quad (\text{D4})$$

Under the above conditions, Eq. (D1) becomes

$$\mu(u, T, l) \approx \mu - 2uK_d T l. \quad (\text{D5})$$

At the stop scale l^* , $\mu_{l^*} = e^{4l^*} \mu(u, T, l^*) = -1$, which gives rise to

$$2uK_d T l^* e^{4l^*} = 1 \Rightarrow l^* \approx \frac{1}{4} \ln \frac{2}{K_d u T}. \quad (\text{D6})$$

Equation (D6) automatically satisfies the condition Eq. (D2) since $\ln \left(\frac{2}{K_d u T} \right)^{1/4} \gg 1$. Furthermore, the conditions of $\varepsilon l^* \ll 1$ and Eq. (D4) lead to the condition for the interaction strength:

$$\frac{\Gamma(d/4, 1)}{T^{\varepsilon/4}} \ll \ln \left(\frac{2}{K_d u T} \right) \ll \frac{4}{\varepsilon}, \quad (\text{D7})$$

which always holds once $\varepsilon \rightarrow 0^+$ and $T \neq 0$.

Therefore, at finite temperatures as long as ε is small enough, the obtained stop scale in Eq. (D6) self-consistently satisfies all conditions for the analytic region we study. From Eqs. (D5) and (D6), the renormalized chemical potential follows:

$$\mu(u, T, l^*) \approx \mu - \frac{K_d u T}{2} \ln \left(\frac{2}{K_d u T} \right). \quad (\text{D8})$$

Then at $\mu = 0$, the correlation length becomes

$$\xi_T \approx \left[\frac{K_d u T}{2} \ln \left(\frac{2}{K_d u T} \right) \right]^{-1/4}. \quad (\text{D9})$$

When $\varepsilon \gtrsim \ln^{-1}[1/(uT)]$, the renormalized chemical potential from Eq. (D1) becomes

$$\begin{aligned} \mu(u, T, l) &\approx \mu - \frac{uK_d \Gamma(d/4, 1)}{2} T^{d/4} - 2K_d u \frac{T e^{\varepsilon l}}{\varepsilon} \\ &\quad + O(u^2). \end{aligned} \quad (\text{D10})$$

We consider the region in which the third term in Eq. (D10) dominates over the second one, which gives rise to the condition for the weak-interacting limit:

$$\frac{2K_d u T e^{\varepsilon l} / \varepsilon}{uK_d \Gamma(d/4, 1) T^{d/4} / 2} \gg 1. \quad (\text{D11})$$

At the stop scale l^* , $\mu_{l^*} = e^{4l^*} \mu(u, T, l) = -1$, then the correlation length is determined as

$$\xi_T = e^{l^*} \approx \left(\frac{\varepsilon}{2K_d} \right)^{\frac{1}{4+\varepsilon}} (uT)^{-\frac{1}{4+\varepsilon}}. \quad (\text{D12})$$

Correspondingly, the renormalized chemical potential in Eq. (D10) follows as

$$\mu(u, T, l^*) \approx \mu - \left(\frac{\varepsilon}{2K_d} \right)^{-\frac{4}{4+\varepsilon}} (uT)^{\frac{4}{4+\varepsilon}}. \quad (\text{D13})$$

Equations (D11) and (D12) lead to the condition for the weak-interaction limit:

$$a_1 u^{\frac{4}{\varepsilon}} \ll T \ll 1 \quad (\text{D14})$$

where

$$a_1 = \left[\frac{\varepsilon}{2K_d} \right]^{-\frac{4}{\varepsilon}} \left[\frac{4}{\varepsilon \Gamma(d/4, 1)} \right]^{-\frac{2}{4(4+\varepsilon)}}. \quad (\text{D15})$$

The weak-interaction condition in Eq. (D14) can be reformulated as

$$u \ll \frac{\varepsilon}{2K_d} \left(\frac{4}{\varepsilon \Gamma(d/4, 1)} \right)^{\frac{\varepsilon^3}{16(4+\varepsilon)}}, \quad T^{\varepsilon/4} \approx \frac{\varepsilon}{2K_d} T^{\varepsilon/4}, \quad (\text{D16})$$

where, except for the constant factor $\frac{1}{2K_d}$, the right-hand side of Eq. (D16) is just the crossover interaction strength dividing the strong- and weak-interaction regions at finite temperatures, as illustrated in Fig. 2 in the main text.

The above weak-interaction results can also be obtained following the one-loop self-consistent (SC) method. Set $\mu = 0$ (QCP), then the one-loop SC equation for the self-energy $\mu_T^{\text{SC}} (\ll T)$ follows:

$$|\mu_T^{\text{SC}}| \sim u \int_0^\infty \frac{q^{d-1} dq}{e^{(q^4 + |\mu_T^{\text{SC}}|)/T} - 1} \approx \frac{uT}{\varepsilon |\mu_T^{\text{SC}}|^{\varepsilon/4}}, \quad (\text{D17})$$

which gives rise to $\mu_T^{\text{SC}} \sim -(uT/\varepsilon)^{\frac{1}{1+\varepsilon/4}}$. Consequently, $\xi_T^{\text{SC}} \sim (uT/\varepsilon)^{-\frac{1}{4+\varepsilon}}$ with the same thermal exponent as that for ξ_T in Eq. (D12). Furthermore, n_T^{SC} becomes

$$n_T^{\text{SC}} \sim \int_0^\infty \frac{E^{-\varepsilon/4} dE}{e^{(E + |\mu_T^{\text{SC}}|)/T} - 1} \approx \left(\frac{\varepsilon}{u} \right)^{\frac{\varepsilon/4}{1+\varepsilon/4}} T^{\frac{1}{1+\varepsilon/4}}, \quad (\text{D18})$$

which agrees with n_T in Eq. (3) in the main text up to a constant prefactor.

APPENDIX E: STRONG-INTERACTION LIMIT IN THE QCR

In the strong-interaction region, $2\varepsilon/(uK_d) \ll 1$, i.e., $u \gg 2\varepsilon/K_d$. When reaching the stop scale l^* , we determine the renormalized chemical potential [Eq. (B7)] as follows:

$$\begin{aligned} \mu(u, T, l) \approx & \mu - A\varepsilon T - \varepsilon T \ln \left[\frac{e^{4l} T(1 + A\varepsilon)}{1 + A\varepsilon e^{4l} T} \right] \\ & + O(\varepsilon^2), \end{aligned} \quad (\text{E1})$$

with $A = \ln[e/(e-1)] \approx 0.46$. Therefore at $\varepsilon \ll 1$, since $T_l = T e^{4l} \gg 1$ in the QCR, the third term in Eq. (E1)

dominates over the second term. In this case, at $\mu = 0$, $\mu_{l^*} = e^{4l^*} \mu(u, T, l) = -1$ leads to

$$\varepsilon T e^{4l^*} \ln \left[\frac{e^{4l^*} T(1 + A\varepsilon)}{1 + A\varepsilon e^{4l^*} T} \right] = 1, \quad (\text{E2})$$

which is solved as

$$T e^{4l^*} = -\frac{1}{\varepsilon(A - W\{e^A[A + (1/\varepsilon)]\})}. \quad (\text{E3})$$

Expanding the Lambert function as

$$\begin{aligned} W\{e^A[A + (1/\varepsilon)]\} &= \ln \frac{e^A}{\varepsilon} - \ln \ln \frac{e^A}{\varepsilon} + \frac{\ln \ln \frac{e^A}{\varepsilon}}{\ln \frac{e^A}{\varepsilon}} \\ &\quad - \frac{\ln \ln \frac{e^A}{\varepsilon} - \frac{1}{2} \ln^2 \ln \frac{e^A}{\varepsilon}}{\ln^2 \frac{e^A}{\varepsilon}} + O(\varepsilon) \\ &\approx A - \ln \varepsilon, \end{aligned} \quad (\text{E4})$$

we arrive at

$$\begin{aligned} T e^{4l^*} &= -\frac{1}{\varepsilon(A - W\{e^A[A + (1/\varepsilon)]\})} \approx \frac{1}{\varepsilon \ln(1/\varepsilon)} \Rightarrow \xi_T \\ &= e^{l^*} \approx [\varepsilon T \ln(1/\varepsilon)]^{-1/4}. \end{aligned} \quad (\text{E5})$$

Therefore at $\varepsilon \ll 1$,

$$\begin{aligned} \mu(u, T, l^*) &\approx \mu - \varepsilon T [\ln(1/\varepsilon) + \ln \ln(1/\varepsilon)] \\ &\approx \mu - \varepsilon T \ln(1/\varepsilon) = \mu + \varepsilon T \ln \varepsilon \text{ when } \varepsilon \ll 1. \end{aligned} \quad (\text{E6})$$

At finite ε , the third term in Eq. (E1) is comparable with the second one, then

$$\begin{aligned} \mu(u, T, l^*) &= \mu - A\varepsilon T - \varepsilon T \ln \left[\frac{1 + A\varepsilon}{e^{4l^*} T + A\varepsilon} \right] \\ &\approx \mu - A\varepsilon T - \varepsilon T \ln \left[\frac{1 + A\varepsilon}{A\varepsilon} \right] = \mu - G_d T, \end{aligned} \quad (\text{E7})$$

where $G_d = \varepsilon \{A + \ln[(1 + A\varepsilon)/(A\varepsilon)]\}$. From the stop-scale condition $\mu_{l^*}^* = -1$, we reach ($\mu = 0$)

$$\xi_T = e^{l^*} \approx G_d^{-1/4} T^{-1/4}. \quad (\text{E8})$$

The particle density in the QCR at the stop scale l^* can be derived as

$$\begin{aligned} n_T &= K_d e^{-dl^*} \int_0^1 \frac{q^{d-1} dq}{e^{(q^4+1)/T_{l^*}} - 1} \\ &\approx K_d T_{l^*} e^{-dl^*} \int_0^1 \frac{q^{d-1} dq}{q^4 + 1} = a_d T e^{\varepsilon l^*}, \end{aligned} \quad (\text{E9})$$

where $e^{l^*} = |\mu(u, T, l^*)|^{-1/4}$ and

$$a_d = \frac{K_d}{8} \left[\psi \left(\frac{4+d}{8} \right) - \psi \left(\frac{d}{8} \right) \right] \quad (\text{E10})$$

where $\psi(z) = d \ln \Gamma(z)/dz$ and $\Gamma(z)$ are digamma and gamma functions, respectively. Since in the quantum disordered region $\xi_T = e^{l^*}$ is finite, Eq. (E9) indicates that the particle density vanishes at zero temperature. Nevertheless, a small particle density could appear when RG calculation is carried out

beyond one loop. Plugging the correlation lengths of Eqs. (D9), (D12), and (E8) into Eq. (E9), particle densities in the QCR under different situations are derived as presented in Eqs. (3), (5), and (6) in the main text.

APPENDIX F: DERIVATION OF LIFSHITZ-TYPE ACTION FROM THE 2D BOSE GAS

We consider the Hamiltonian $H = H_0 + H_I$ defined as

$$H_0 = \int d^2\vec{q} \psi_\alpha^\dagger(\vec{q}) h_{\alpha\beta}(\vec{q}) \psi_\beta(\vec{q}), \quad (\text{F1})$$

$$H_I = \frac{u}{2} \int d^2\vec{r} \psi_\alpha^\dagger(\vec{r}) \psi_\beta^\dagger(\vec{r}) \psi_\beta(\vec{r}) \psi_\alpha(\vec{r}), \quad (\text{F2})$$

where $\vec{q} = (q_x, q_y)$ and $h(\vec{q}) = -\mu + \frac{1}{2m}[q_x^2 + q_y^2 - 2\lambda(\sigma^x q_x + \sigma^y q_y) + 2\lambda\Omega\sigma^z]$. In Eqs. (F1) and (F2), ψ_α is the bosonic annihilation operator; the pseudospin indices $\alpha, \beta = \uparrow, \downarrow$ refer to two different internal components; σ^μ 's are the Pauli matrices associated with the spin components $S^\mu = \frac{1}{2}\sigma^\mu$ ($\mu = x, y, z$); λ and $\lambda\Omega$, reduced by $2m$, are the isotropic Rashba SO strength and Zeeman coupling, respectively; u is the s -wave scattering interaction. Equations (F1) and (F2) describe a two-dimensional interacting Bose gas with an isotropic Rashba spin-orbit coupling under a Zeeman field. The quadratic part, H_0 , yields the single-particle spectra of two branches as $\varepsilon_{q_\pm} = -\mu + (q^2 \pm 2\lambda\sqrt{\Omega^2 + q^2})/(2m)$ with $q = |\vec{q}|$.

We work in the regime of a large Zeeman splitting field and large Rashba SO coupling strength, therefore, for the low-energy physics, only the lower branch of ε_{q_-} is considered. The global minimum of ε_{q_-} is either located at $q = 0$ if $\lambda < \Omega$ or at $q = \sqrt{\lambda^2 - \Omega^2}$ if $\lambda \geq \Omega$. At $\lambda = \Omega$, the two minima merge into one with a quartic low-energy dispersion as $\varepsilon_{q_-} = -\mu + q^4/(8m\lambda^2)$ (the minimum energy reference point $-\lambda^2/m$ is shifted to zero), where large λ implies that the band given by ε_{q_-} is almost flat.

An effective action for the low-energy bosons is constructed as follows. The Rashba SO coupling is assumed strong enough such that only the lower branch bosons need to be considered. We assume that bosons are almost fully polarized with the Zeeman field at small values of \vec{q} , and thus the Berry phase

effect associated with the variation of spin eigenstates with \vec{q} is neglected.

The boson field variable is denoted as $\varphi(\vec{x}, \tau)$ with the momentum cutoff defined as Λ inversely proportional to the average interaction range in real space. Following the method of the bosonic coherent-state path integral [49], we write the low-energy effective action $S = S_G + S_I$ with the quartic single-particle dispersion at $\lambda = \Omega$ in the imaginary-time formalism as

$$S_G = T \sum_{\omega_n} \int_0^\Lambda d^2\vec{q} \varphi^*(\omega_n, \vec{q}) \left[-i\omega_n - \mu + \frac{q^4}{4\lambda^2} \right] \varphi(\omega_n, \vec{q}), \quad (\text{F3})$$

$$S_I = \frac{u}{2} \int_0^\beta d\tau \int_{1/\Lambda} d^2\vec{x} |\varphi(\vec{x}, \tau)|^4,$$

where $2m$ is absorbed into λ . The powers of Λ can be used as the natural units of different physical quantities. The units of T , ω_n , and μ are Λ^2 , and those of λ and $\varphi(x, \tau)$ are Λ . u is dimensionless. As discussed above the effective interaction in Eq. (F3) is isotropic.

Though the effective action in Eq. (F3) is derived from the Hamiltonian with a spin-isotropic interaction [Eq. (F2)], it also holds for the systems with spin-anisotropic interactions. In the latter situation the original Hamiltonian may contain interaction terms mixing spin components different from the isotropic one. However, with the assumed strong spin-orbit coupling and Zeeman field, the high-energy branch can be effectively gaped out. Consequently, the above single-component boson field description still effectively works with the interaction coefficient now being a linear combination of the original spin-anisotropic interaction parameters. Therefore the Lifshitz φ^4 action with an isotropic interaction in Eq. (F3) generally holds regardless of the spin symmetry the original interaction possesses.

For the situation we are interested in, λ is always finite, which now can be used to rescale all quantities in Eqs. (F3) by $\varphi(\omega_n, \vec{q})/(4\lambda^2) \rightarrow \varphi(\omega_n, \vec{q})$, $4\lambda^2\mu \rightarrow \mu$, $4\lambda^2T \rightarrow T$, $4\lambda^2u \rightarrow u$, $\vec{q} \rightarrow \vec{q}$. Then the action of Eqs. (F3) is converted to the action of Eq. (1) at $d = 2$ in the main text. Following the analysis in the main text, at zero temperature two FPs are immediately identified as $(\mu_1^*/\Lambda^4, u_1^*/\Lambda^2) = (0, 0)$ and $(\mu_2^*/\Lambda^4, u_2^*/\Lambda^2) = (0, 8\pi)$.

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