

Lecture 3 — More development

§. Thomas precession and spin-orbit
coupling

(spinor Rep for the Lorentz group)

§ Construct E & M and gravity
via actions

§ Thomas precession

Background: Uhlenbeck & Goudsmit proposed the existence of electron spin. By assign the Lande factor in $\vec{\mu} = g \frac{e}{2mc} \vec{S}$ as $g=2$, then the anomalous Zeeman effect can be explained. But the spectrum splitting due to fine structure is too big!

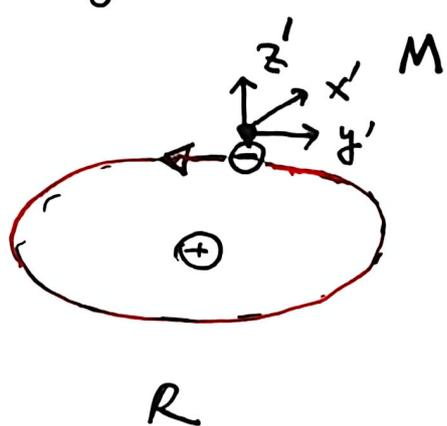
Suppose we are in co-moving frame ^M with electron

$$\left(\frac{d\vec{S}}{dt} \right)_{\text{co-moving frame} = M} = \vec{\mu} \times \vec{B}'$$

where \vec{B}' is the magnetic inductance in the co-moving frame M. Then we have $\vec{B}' \approx \gamma \left(\vec{B} - \frac{\vec{v}}{c} \times \vec{E} \right)$

\vec{B} and \vec{E} are the EM field in the frame that the nucleus is at rest. \vec{v} is electron's velocity in frame R. denoted as R.

Hence $\left(\frac{d\vec{S}}{dt} \right)_M = \vec{\mu} \times \left(\vec{B} - \frac{\vec{v}}{c} \times \vec{E} \right)$



energy of

This EOM can be derived via the

$$U' = -\vec{\mu} \cdot (\vec{B} - \frac{\vec{v}}{c} \times \vec{E})$$

(here $e < 0$
electron charge)

$$e \vec{E} = -\hat{r} \cdot \frac{dV}{dr} = -\frac{\vec{r}}{r} \frac{dV}{dr}$$

$$\Rightarrow U' = -\frac{ge}{2mc} \vec{S} \cdot (\vec{B} + \frac{\vec{v}}{ec} \times \vec{r} \frac{1}{r} \frac{dV}{dr})$$

$$= -\frac{ge}{2mc} \vec{S} \cdot \vec{B} + \frac{g}{2m^2c^2} (\vec{S} \cdot \vec{L}) \left(\frac{1}{r} \frac{dV}{dr} \right)$$

$\vec{L} = m \vec{r} \times \vec{v}$

↑ spin-orbit coupling

The sign of $\vec{L} \cdot \vec{S}$ term is

correct. However, its magnitude is twice larger than the correct value.

Thomas pointed out if the M-frame is rotating, we will have

$$\left(\frac{d\vec{S}}{dt} \right)_F = \left(\frac{d\vec{S}}{dt} \right)_M + \vec{\omega}_T \times \vec{S}$$

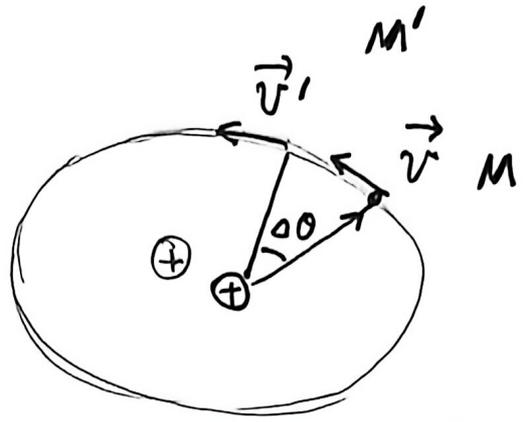
$$= \vec{S} \times \left(\frac{ge}{2mc} \vec{B}' - \vec{\omega}_T \right)$$

This corresponds to the coupling energy

$$U = U' + \vec{S} \cdot \vec{\omega}_T$$

How come M is rotating?

Relative to F , the velocity of M is changing.



Here's the logic:

M : relative to F , boost along the direction of \vec{v} : $K(\vec{v})$

M' relative to M , is a pure boost
(since force is centripetal, no-torque in M) denoted as $K(\Delta\vec{u})$

Then M' relative to F 's velocity \vec{v}' , but

$$K(\vec{v}') \neq K(\Delta\vec{u}) K(\vec{v}), \text{ but}$$

$$K(\vec{v}') = R(\Delta\Omega) K(\Delta\vec{u}) K(\vec{v}), \text{ where } R(\Delta\Omega) \text{ is a rotation around } \hat{z} \text{-axis.}$$

We consider $\vec{v}' \rightarrow \vec{v}$ such that $\Delta\vec{u}, \Delta\Omega$ are infinitesimal. We calculate

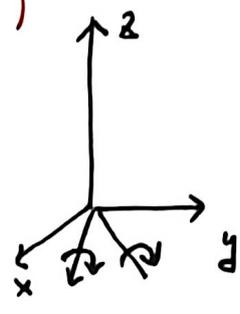
$$K(\vec{v}') K^{-1}(\vec{v}) \text{ and express it as an infinitesimal boost and a rotation } R(\Delta\Omega) K(\Delta\vec{u})$$

$$K(\vec{v}') K^{-1}(\vec{v}) \approx \cdot R(\Delta\Omega) K(\Delta\vec{u})$$

$$\text{and } \omega_T = \Delta\Omega / \Delta t$$

★ Warm-up: Euclidean rotation (spinor Rep)

Consider a rotation in the plane of $\hat{r} \times \hat{z}$, where \hat{r} lies in the xy -plane. Rotation angle is r , define $\vec{r} = r \cdot \hat{r}$.



$$U_{\hat{r}' \times \hat{z}}(r') = \cos \frac{r'}{2} - i \sin \frac{r'}{2} \vec{\sigma} \cdot (\hat{r}' \times \hat{z})$$

$$U_{\hat{r} \times \hat{z}}(r) = \cos \frac{r}{2} - i \sin \frac{r}{2} \vec{\sigma} \cdot (\hat{r} \times \hat{z})$$

For simplicity, we set $r = r'$, and $\Delta \vec{r} = \vec{r}' - \vec{r}$.

Then

$$U_{\hat{r}' \times \hat{z}}(r) U_{\hat{r} \times \hat{z}}^{-1}(r) = \cos \frac{r}{2} \cos \frac{r}{2} + \sin \frac{r}{2} \sin \frac{r}{2} \vec{\sigma} \cdot (\hat{r}' \times \hat{z}) \cdot \vec{\sigma} \cdot (\hat{r} \times \hat{z})$$

$$+ i \cos \frac{r}{2} \sin \frac{r}{2} \vec{\sigma} \cdot (\hat{r} \times \hat{z}) - i \cos \frac{r}{2} \sin \frac{r}{2} \vec{\sigma} \cdot (\hat{r}' \times \hat{z})$$

$$[\vec{\sigma} \cdot (\hat{r}' \times \hat{z})][\vec{\sigma} \cdot (\hat{r} \times \hat{z})] = (\hat{r}' \times \hat{z})(\hat{r} \times \hat{z}) + i \vec{\sigma} \cdot [(\hat{r}' \times \hat{z}) \times (\hat{r} \times \hat{z})]$$

$$(\vec{a} \times \vec{b}) \cdot (\vec{c} \times \vec{d}) = (\vec{a} \cdot \vec{c})(\vec{b} \cdot \vec{d}) - (\vec{a} \cdot \vec{d})(\vec{b} \cdot \vec{c})$$

$$(\vec{a} \times \vec{b}) \times (\vec{a} \times \vec{c}) = \vec{a} [(\vec{a} \cdot (\vec{b} \times \vec{c}))]$$

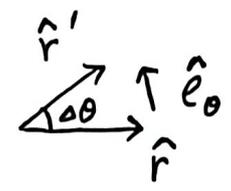
$$\Rightarrow [\vec{\sigma} \cdot (\hat{r}' \times \hat{z})][\vec{\sigma} \cdot (\hat{r} \times \hat{z})] = \hat{r}' \cdot \hat{r} + i \vec{\sigma} \cdot (\hat{r}' \times \hat{r})$$

$$\Rightarrow U_{\hat{r}' \times \hat{z}}(r) U_{\hat{r} \times \hat{z}}^{-1}(r) \simeq \cos^2 \frac{r}{2} + \sin^2 \frac{r}{2} [1 + i \vec{\sigma}_z \cdot (\hat{r}' \times \hat{r})]$$

$$+ i \cos \frac{r}{2} \sin \frac{r}{2} \vec{\sigma} \cdot [(\hat{r} - \hat{r}') \times \hat{z}]$$

$$= 1 - i \sin^2 \frac{r}{2} \frac{1}{r^2} (\vec{r} \times \vec{r}') \cdot \vec{\sigma}_z + i \frac{\sin r}{2} [(\hat{r}' - \hat{r}) \times \hat{z}] \cdot \vec{\sigma}$$

set $\hat{r}' - \hat{r} = \Delta\theta \cdot \hat{e}_\theta$, $\hat{e}_\theta \times \hat{z} = \hat{r}$



$$\frac{1}{r^2} (\vec{r} \times \vec{r}') = \Delta\theta \cdot \hat{z}$$

$$U_{\hat{r}' \times \hat{z}}(r) U_{\hat{r} \times \hat{z}}^{-1}(r) \simeq 1 - i \sin^2 \frac{r}{2} \cdot \Delta\theta \sigma_z + \frac{i \sin r \Delta\theta}{2} (\vec{\sigma} \cdot \hat{r})$$

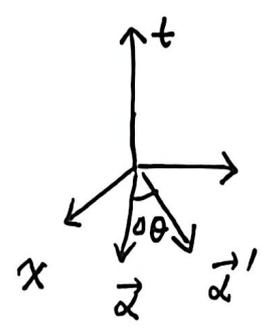
$$\simeq U_{\vec{\sigma} \cdot \hat{r}}(-\sin r \Delta\theta) U_{\hat{z}}[(1 - \cos r) \cdot \Delta\theta]$$

(*) Next we will apply the similar method to

Lorentz boost

Fundamental spinor

$$U(\vec{\theta}, \vec{\alpha}) = e^{-i(\vec{\theta} + \vec{\alpha}) \cdot \frac{\vec{\sigma}}{2}}$$



Boost $K(\vec{\alpha}) = e^{-\vec{\alpha} \cdot \frac{\vec{\sigma}}{2}} = \cosh \frac{\alpha}{2} - \sinh \frac{\alpha}{2} (\hat{\alpha} \cdot \vec{\sigma})$

For convenience, we switch to rapidity

→ Vector Rep for $\alpha = \alpha \hat{z}$

$$\begin{pmatrix} \cosh \alpha & 0 & 0 & -\sinh \alpha \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ -\sinh \alpha & 0 & 0 & \cosh \alpha \end{pmatrix} \rightarrow \begin{pmatrix} \gamma & -\gamma\beta \\ -\gamma\beta & \gamma \end{pmatrix}$$

$$\Rightarrow \boxed{\tanh \alpha = \beta}$$

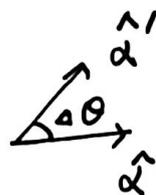
$$K(\vec{\alpha}') K^{-1}(\vec{\alpha}) = \left[\cosh \frac{\alpha}{2} - \sinh \frac{\alpha}{2} (\hat{\alpha}' \cdot \vec{\sigma}) \right]$$

$$\left[\cosh \frac{\alpha}{2} + \sinh \frac{\alpha}{2} (\hat{\alpha} \cdot \vec{\sigma}) \right]$$

$$= \cosh^2 \frac{\alpha}{2} - \sinh^2 \frac{\alpha}{2} (\hat{\alpha}' \cdot \vec{\sigma})(\hat{\alpha} \cdot \vec{\sigma}) - \frac{1}{2} \sinh \alpha (\hat{\alpha}' - \hat{\alpha}) \cdot \vec{\sigma}$$

$$(\hat{\alpha}' \cdot \vec{\sigma})(\hat{\alpha} \cdot \vec{\sigma}) = (\hat{\alpha}' \cdot \hat{\alpha}) + i (\hat{\alpha}' \times \hat{\alpha}) \cdot \vec{\sigma}$$

$$\simeq 1 - i \Delta\theta \cdot \sigma_z$$



$\Delta\theta (\hat{e}_\theta \cdot \vec{\sigma})$

$$\Rightarrow K(\vec{\alpha}') K^{-1}(\vec{\alpha}) = 1 + i \sinh^2 \frac{\alpha}{2} \Delta\theta \cdot \sigma_z - \frac{1}{2} \sinh \alpha$$

$$= \left(1 - \frac{1}{2} \sinh \alpha \cdot \Delta\theta \hat{e}_\theta \cdot \vec{\sigma} \right) \left(1 + i \frac{1}{2} [\cosh \alpha - 1] \Delta\theta \sigma_z \right)$$

$$\leftarrow K \left[\sinh \alpha \cdot \Delta\theta \hat{e}_\theta \right] \cdot U_{\hat{z}} \left(\underbrace{-(\cosh \alpha - 1) \cdot \Delta\theta}_{\text{this is a rotation around } \hat{z}\text{-axis}} \right)$$

this is a rotation around \hat{z} -axis

$$\gamma = \frac{1}{\sqrt{1 - \beta^2}} = \cosh \alpha \Rightarrow \cosh \alpha - 1 = \gamma - 1$$

change to velocity

$$\Delta\theta = \frac{\vec{v} \times \vec{v}'}{v^2} = \frac{\vec{\beta} \times (\vec{\beta}' - \vec{\beta})}{\beta^2} \quad \text{and } \gamma^2 - 1 = \beta^2 \gamma^2$$

$$\text{Hence, the rotation angle } \Delta\Omega = - \frac{\gamma - 1}{\beta^2} (\vec{\beta} \times \delta\vec{\beta})$$

(7)

$$\Rightarrow \boxed{\Delta \Omega = - \frac{\gamma^2}{1+\gamma} (\vec{\beta} \times \delta \vec{\beta})}$$

hence $\vec{\omega}_T = - \frac{\gamma^2}{1+\gamma} (\vec{\beta} \times \frac{d\vec{\beta}}{dt})$

$$= - \frac{\gamma^2}{c^2(1+\gamma)} (\vec{v} \times \vec{a}) = \frac{\gamma^2}{1+\gamma} \frac{\vec{a} \times \vec{v}}{c^2}$$

neglect correction
at β^2

already
at v^2/c^2

we also neglect $\left(\frac{ds}{dz}\right)_m$ and $\left(\frac{ds}{dt}\right)_m$

For atomic problem

$$\omega_T \approx \frac{1}{2c^2} \frac{\vec{F}}{m^2} \frac{\vec{r}}{r} \times m\vec{v}$$

$$= - \frac{1}{2m^2c^2} \left(\frac{1}{r} \frac{dV}{dr} \right) \vec{L}$$

Hence

$$\boxed{\mathcal{U} = - \frac{eg}{2mc} \vec{S} \cdot \vec{B} + \frac{(g-1)}{2m^2c^2} (\vec{S} \cdot \vec{L}) \left(\frac{1}{r} \frac{dV}{dr} \right)}$$

In side atom $\frac{dV}{dr} > 0$, hence the low energy state

corresponds to $j_- = l - 1/2$.
the branch of

However, as for the problem of nuclear physics,

$V_{IV}(r)$ is not due to electric field. In fact, the due

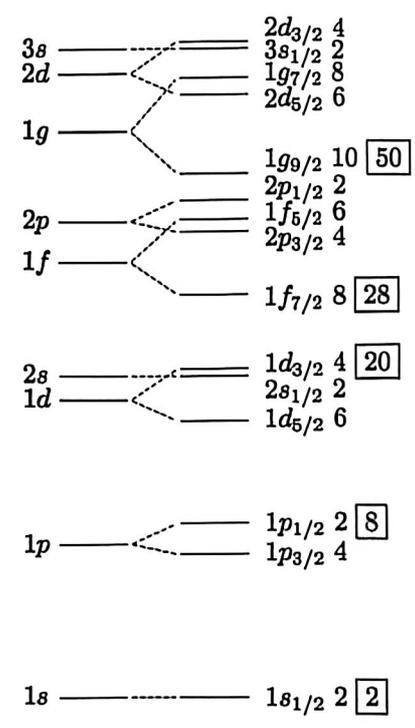
EM part $V_{EM}(r)$ is repulsive, hence it contributes

$$\frac{g}{2m_n^2 c^2} (\vec{S} \cdot \vec{L}) \left(\frac{1}{r} \frac{dV_{EM}}{dr} \right) \rightarrow \frac{dV_{EM}}{dr} < 0.$$

Thomas precession $\rightarrow - \frac{1}{2m_n^2 c^2} (\vec{S} \cdot \vec{L}) \left(\frac{1}{r} \frac{d(V_{IV} + V_{EM})}{dr} \right)$

$$\Rightarrow U_{SO} = - \frac{1}{2m_n^2 c^2} (\vec{S} \cdot \vec{L}) \left(\frac{1}{r} \right) \left[(+g) \frac{dV_{EM}}{dr} + \frac{dV_N}{dr} \right]$$

dV_N/dr dominates



Relativistic Actions

We know in non-relativistic mechanics, the equation of motion can be derived via the least action principle

$$S = \int_{t_1}^{t_2} dt \mathcal{L}(x, \dot{x}), \quad \text{with } \mathcal{L} = \frac{1}{2} m \dot{x}^2 - V(x).$$

Let us first consider the case of free space, $V(x) = 0$.

$$\Rightarrow S = \frac{1}{2} m \int dt \left(\frac{dx}{dt} \right)^2 = m \int dt \frac{(dx)^2}{dt} \quad \leftarrow \begin{array}{l} dx, \text{ and } dt \\ \text{are treated} \\ \text{differently} \end{array}$$

Remember we know $\frac{e^2}{2a} \simeq -\sqrt{a^2 - e^2} + a$

• then $S \simeq -mc \int \sqrt{(cdt)^2 - (dx)^2} + mc^2 \int dt \quad \leftarrow \begin{array}{l} \text{drop away} \\ \text{since it's varit} \\ \text{in } = 0. \end{array}$

it's nice that $dz = \sqrt{(cdt)^2 - (dx)^2}$ is the proper time that measured in the comoving frame with the particle.

It's invariant under Lorentz transformation. More symmetrically, we rewrite the relativistic action for a point particle as

$$S = -mc \int \sqrt{\eta_{\mu\nu} dx^\mu dx^\nu} \quad \text{where } \eta_{\mu\nu} = \eta^{\mu\nu} = \begin{pmatrix} 1 & & & \\ & -1 & & \\ & & -1 & \\ & & & -1 \end{pmatrix}$$

$$dx^\mu = (cdt, dx) \quad \text{and} \quad dx_\mu = \eta_{\mu\nu} dx^\nu = (cdt, -dx)$$



$$\int dz \quad (dz)^2 = (cdt)^2 - (d\vec{x})^2 \quad \text{the "length" or proper time}$$

reparameterization

$$S = -m \int d\xi \sqrt{\eta_{\mu\nu} \frac{dx^\mu}{d\xi} \frac{dx^\nu}{d\xi}} = \int d\xi \cdot L$$

parameter along the curve ^②

$$\delta S = 0 \Rightarrow \frac{d}{d\xi} \left(\frac{\delta L}{\delta(dx^\lambda/d\xi)} \right) = 0 \Rightarrow m \frac{d}{d\xi} \left(\frac{1}{L} \eta_{\mu\lambda} \frac{dx^\mu}{d\xi} \right) = 0$$

If take $d\xi = d\tau$, then $L = -m \Rightarrow \boxed{\frac{d^2}{d\tau^2} X^\mu = 0}$

• How to add potential $V(x)$?

We could try two different choices:

A: $S = - \left(\int m c \sqrt{\eta_{\mu\nu} dx^\mu dx^\nu} + V(x) dt \right)$

B: $S = -m \int \sqrt{\left(1 + \frac{V}{m c^2}\right) (dt)^2 - (dx)^2}$

If we use the option A, it automatically yields $\frac{1}{2} m \dot{x}^2 - V(x)$.

If we interpret $V(x)$ as the electric potential energy

then $-V(x) = q A_0(x) dt$. To restore the

Lorentz invariance, $q A_0(x) dt \rightarrow \frac{q}{c} (A_\mu(x) dx^\mu)$

$$\Rightarrow A: S = -m \int \sqrt{\eta_{\mu\nu} dx^\mu dx^\nu} + \frac{q}{c} A_\mu(x) dx^\mu$$

This will lead to E&M.

parameterize with proper time $d\tau$

(2)

$$S = -mc \int d\tau \sqrt{\eta_{\mu\nu} \frac{dx^\mu}{d\tau} \frac{dx^\nu}{d\tau}} + \int d\tau A_\mu(x(\tau)) \frac{dx^\mu}{d\tau} \cdot \frac{q}{c}$$

$$\delta \left(-mc \int d\tau \sqrt{\eta_{\mu\nu} \frac{dx^\mu}{d\tau} \frac{dx^\nu}{d\tau}} \right) = -m \int d\tau \frac{\eta_{\mu\nu} \frac{dx^\mu}{d\tau} \frac{d\delta x^\nu}{d\tau}}{\sqrt{\eta_{\mu\nu} \frac{dx^\mu}{d\tau} \frac{dx^\nu}{d\tau}}}$$

$$\eta_{\mu\nu} \frac{dx^\mu}{d\tau} \frac{dx^\nu}{d\tau} = [(c dt)^2 - (dx)^2] / d\tau^2 = c^2$$

$$\Rightarrow \delta(\dots) = -m \int d\tau \eta_{\mu\nu} \frac{dx^\mu}{d\tau} \frac{d\delta x^\nu}{d\tau}$$

$$= m \int d\tau \eta_{\mu\nu} \frac{d^2 x^\mu}{d\tau^2} \delta x^\nu$$

$$\delta \int d\tau A_\mu(x) \frac{dx^\mu}{d\tau} \frac{q}{c} = \int d\tau \left\{ A_\mu(x) \frac{d\delta x^\mu}{d\tau} + [\partial_\nu A_\mu] \delta x^\nu \frac{dx^\mu}{d\tau} \right\} \cdot \frac{q}{c}$$

$$= \int d\tau \left\{ - \frac{d}{d\tau} A_\mu(x) \delta x^\mu + [\partial_\nu A_\mu] \delta x^\nu \frac{dx^\mu}{d\tau} \right\}$$

$$= \int d\tau [\partial_\mu A_\nu - \partial_\nu A_\mu] \frac{dx^\nu}{d\tau} \cdot \delta x^\mu$$

\downarrow
 $F_{\mu\nu}$

$$\Rightarrow \delta S = \int d\tau \left[m \eta_{\mu\nu} \frac{d^2 x^\mu}{d\tau^2} \delta x^\nu + F_{\mu\nu} \frac{dx^\nu}{d\tau} \cdot \delta x^\mu \right]$$

$$m \eta_{\nu\mu'} \frac{d^2 x^{\mu'}}{d\tau^2} = - F_{\nu\lambda} \frac{dx^\lambda}{d\tau} \quad \leftarrow \quad \eta^{\mu\nu} \eta_{\nu\mu'} = \delta^\mu_{\mu'}$$

$$\Rightarrow \boxed{m \frac{d^2 x^\mu}{d\tau^2} = - \eta^{\mu\nu} F_{\nu\lambda} \frac{dx^\lambda}{d\tau}}$$

(4)

plug in $d\tau = \sqrt{1-\beta^2} dt$ $\beta = v/c$

$$\Rightarrow m \frac{d}{dt} \left[\frac{d}{d\tau} x^\mu \right] = -\eta^{\mu\nu} F_{\nu\lambda} \frac{dx^\lambda}{dt} \cdot q/c$$

$$\Rightarrow \frac{d}{dt} \left[\frac{m}{\sqrt{1-\beta^2}} \frac{d}{dt} x^\mu \right] = -\eta^{\mu\nu} F_{\nu\lambda} \frac{dx^\lambda}{dt} \cdot q/c$$

$$A^\mu = (\vec{A}, \varphi)$$

$$F^{12} = \partial^1 A^2 - \partial^2 A^1 = B^3 = F_{12}$$

$$\partial^\mu = (\vec{\partial}, \frac{1}{c} \partial_t)$$

$$F^{23} = F_{23} = B^1, \quad F^{31} = F_{13} = B^2$$

$$E^1 = F^{01} = \partial^0 A^1 - \partial^1 A^0 = \frac{1}{c} \partial_t A_x - \partial_x \varphi = -F_{01}$$

$$E^2 = F^{02} = -F_{02}, \quad E^3 = F^{03} = -F_{03}$$

$$\begin{aligned} \textcircled{1} \mu=1 \Rightarrow \frac{d}{dt} [\gamma m \dot{x}] &= (F_{12} \dot{y} + F_{13} \dot{z}) + F_{10} \underbrace{q/c} \\ &= \frac{1}{c} (B_z \dot{y} - B_y \dot{z}) + q E_x \end{aligned}$$

$$\Rightarrow \frac{d}{dt} [\gamma m \vec{v}] = \frac{d}{dt} \vec{p} = q \left(\frac{\vec{v}}{c} \times \vec{B} + \vec{E} \right)$$

$$\begin{aligned} \textcircled{2} \mu=0 \quad \frac{d}{dt} \left[\frac{m c}{\sqrt{1-\beta^2}} \right] &= -F_{0i} \frac{dx^i}{dt} \cdot \frac{q}{c} \\ &= q \vec{E} \cdot \vec{v} / c \end{aligned}$$

$$\boxed{\frac{d}{dt} \left[\frac{m c^2}{\sqrt{1-\beta^2}} \right] = q \vec{E} \cdot \vec{v}}$$

Choice B : $S = -mc \int \sqrt{(1 + \frac{2V}{mc^2})c^2 dt^2 - (dx)^2}$

$$\Rightarrow S = -mc \int \left\{ c dt \sqrt{1 + \frac{2V}{mc^2}} - \frac{1}{2} \frac{(dx)^2}{\sqrt{1 + \frac{2V}{mc^2}} c dt} \right\}$$

$$= -mc \int \left\{ c dt \left[1 + \frac{V}{mc^2} \right] - \frac{1}{2} \frac{(dx)^2}{c dt} \right\}$$

$$= -mc^2 \int dt + \frac{1}{2} m \int \frac{(dx)^2}{dt} - \int V dt$$

↘ drop $\frac{V}{mc^2}$ - order term

This can be interpreted as $\begin{cases} g_{00} = (1 + \frac{2V}{mc^2}) & g_{0i} = g_{i0} = 0 \\ g_{ij} = -\delta_{ij} \end{cases}$

For the gravity field $V = -GMm/r \Rightarrow S = -m \int \sqrt{(1 - \frac{2GM}{r^2}) dt^2 - dx^2}$

Hence $d\tau = (1 - \frac{GM}{r}) dt$: dt is the time interval in the absence of gravity
 $d\tau < dt$ $d\tau$: ... in the gravity field

A clock runs slow in the gravity field.

If we interpret $1 + \frac{2V}{mc^2}$ as the metric, then V/m should be the same for particles of different mass. — This is the feature of gravity! (Gravity mass = inertial mass)